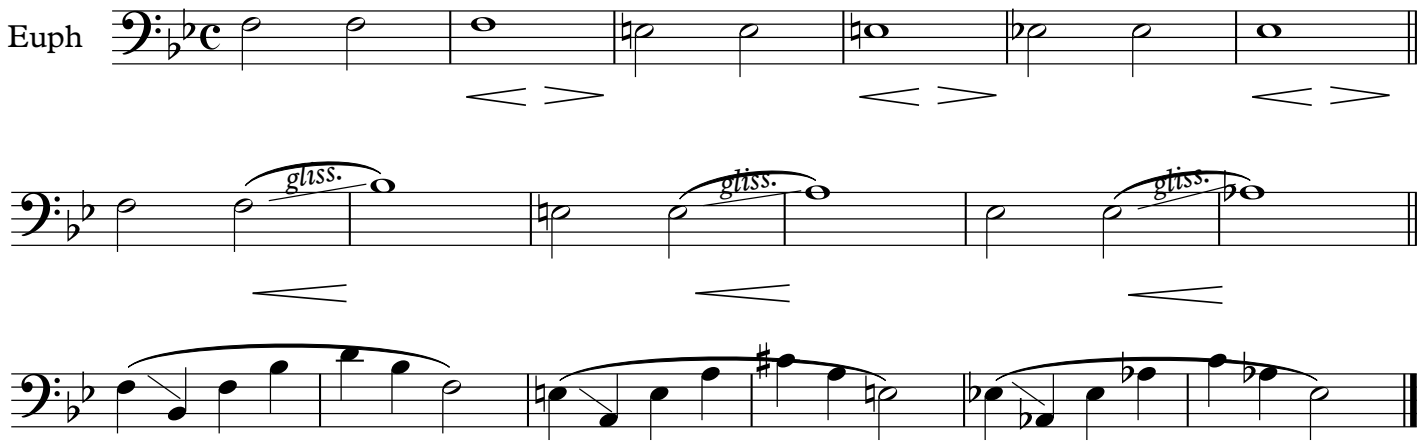
Routine I

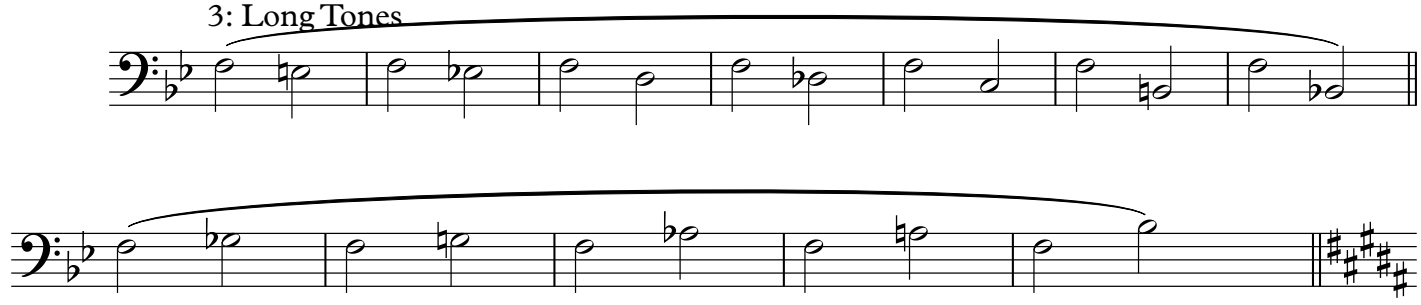
Compiled by Jeremy Lewis

1: Breathing

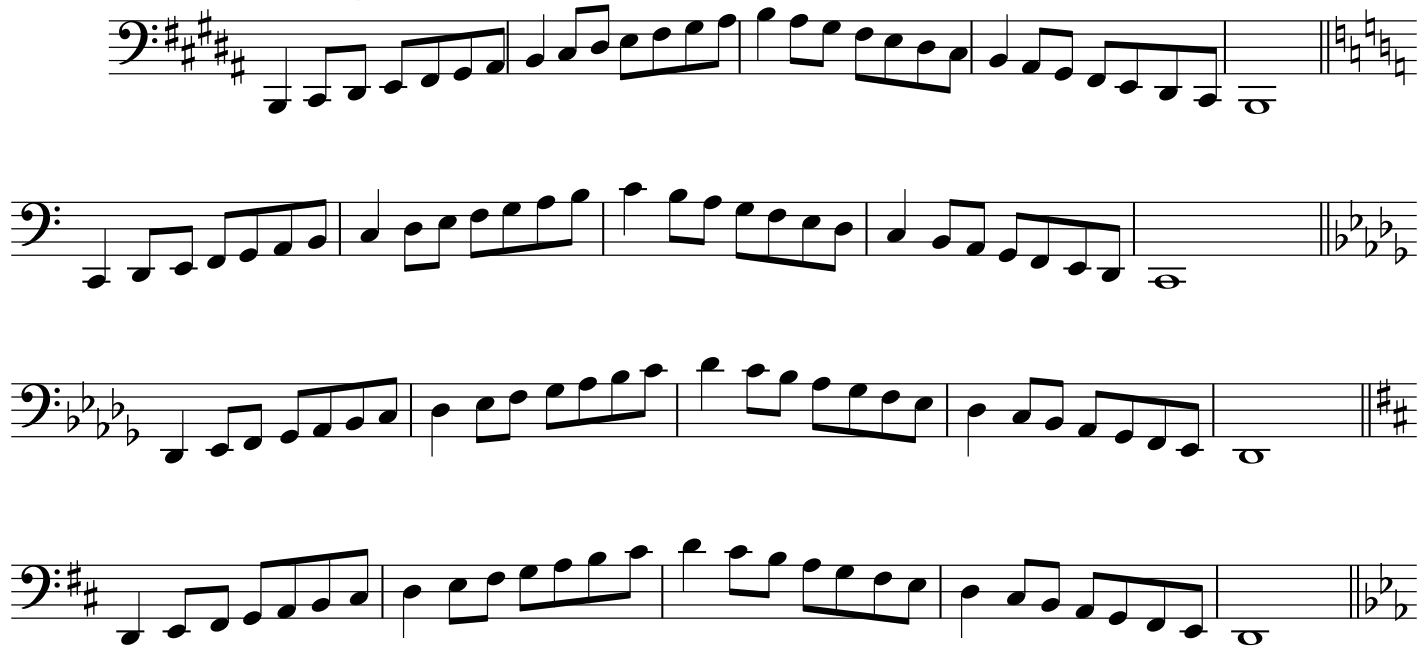
2: Buzzing (from The Buzzing Book by James Thompson)

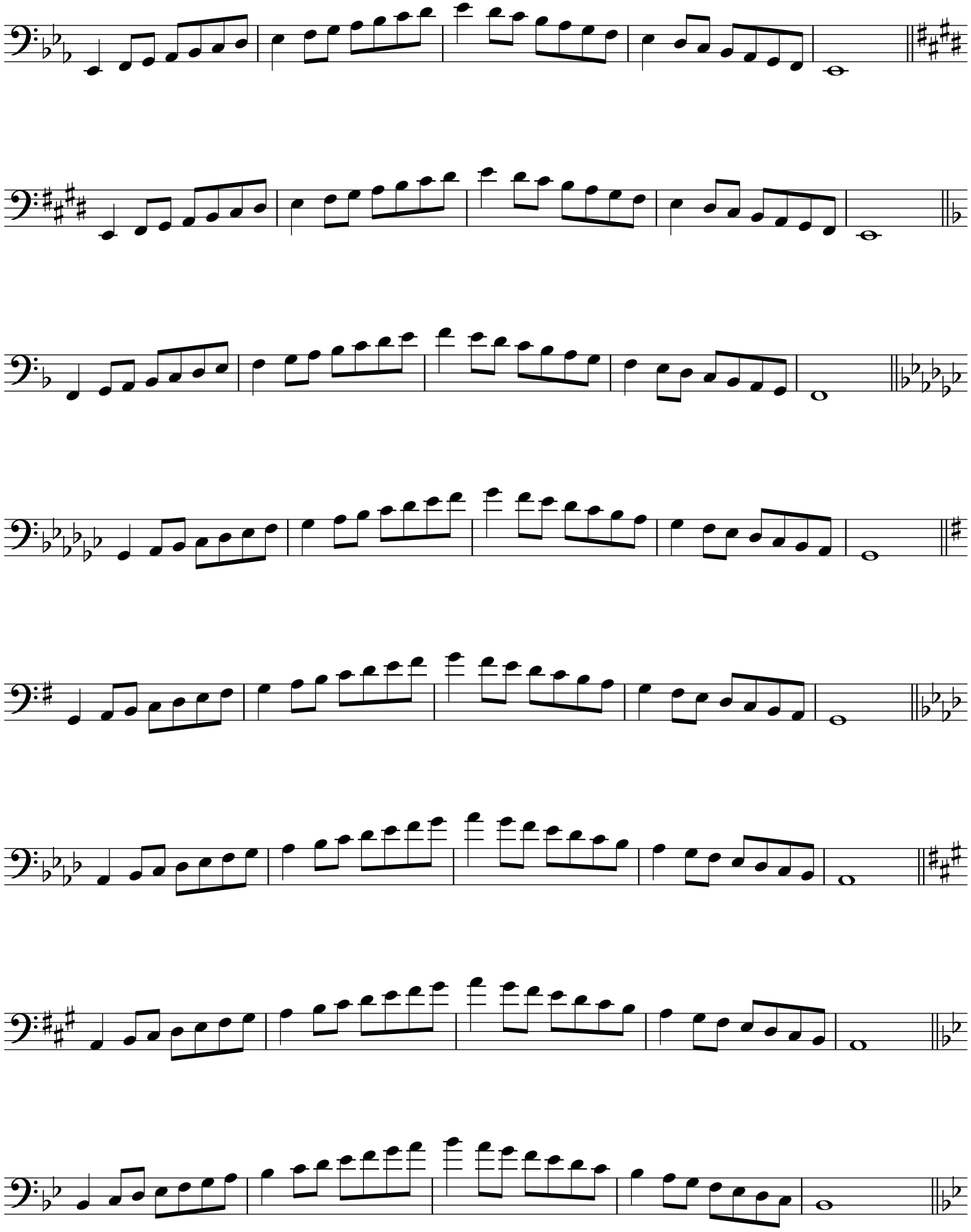


3: Long Tones

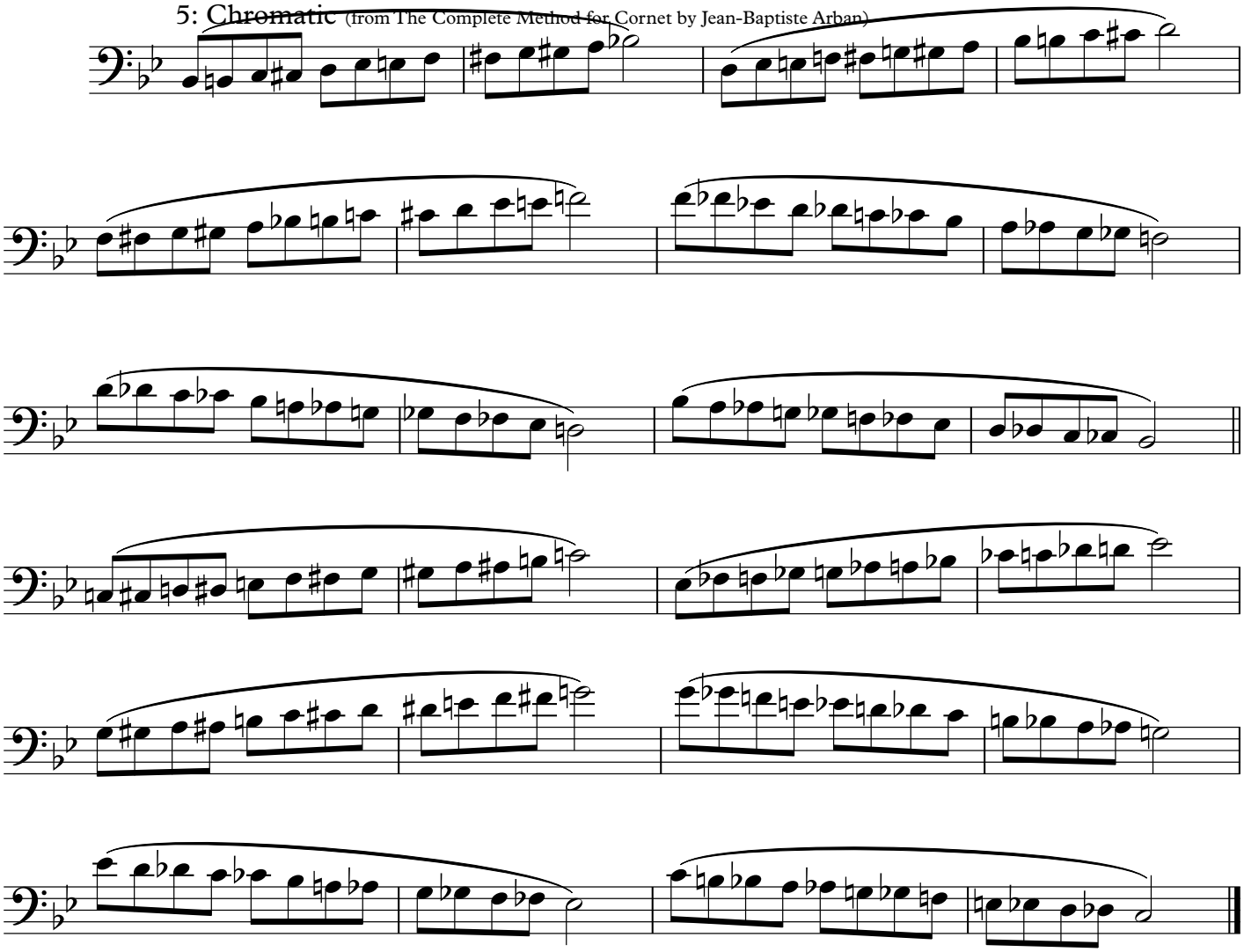


4: Range



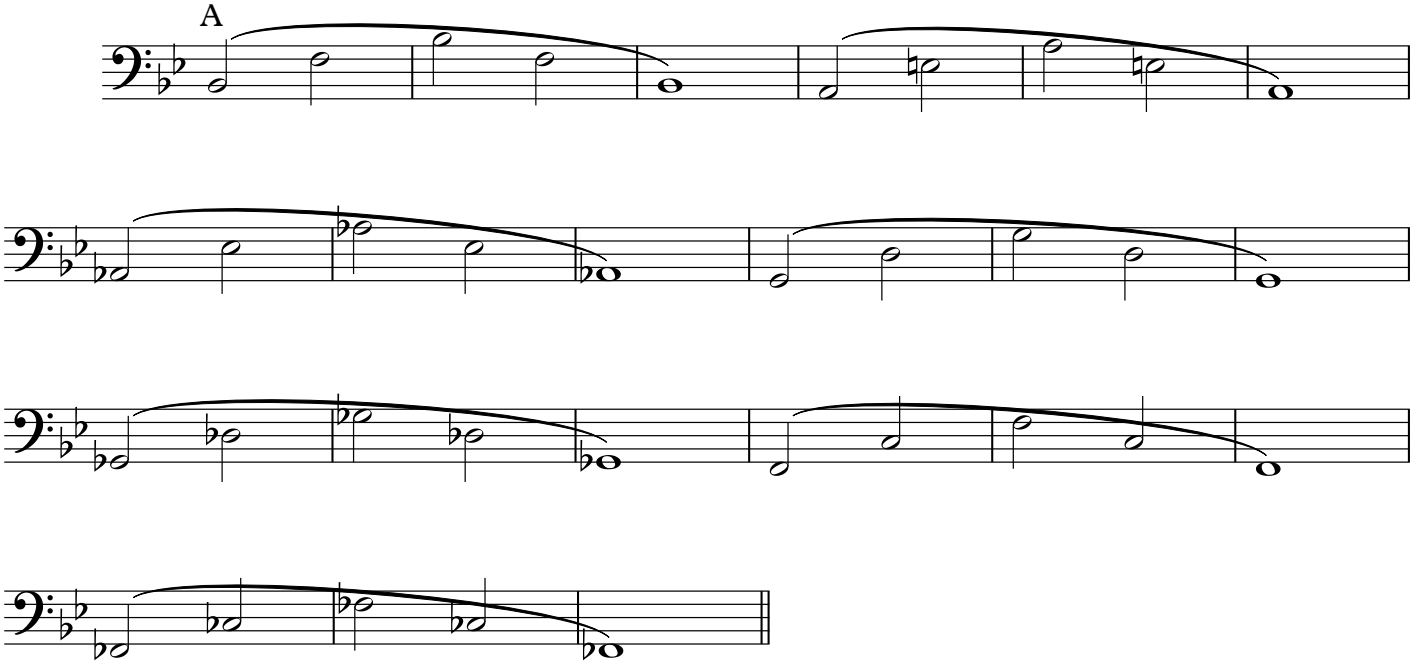


5: Chromatic (from The Complete Method for Cornet by Jean-Baptiste Arban)

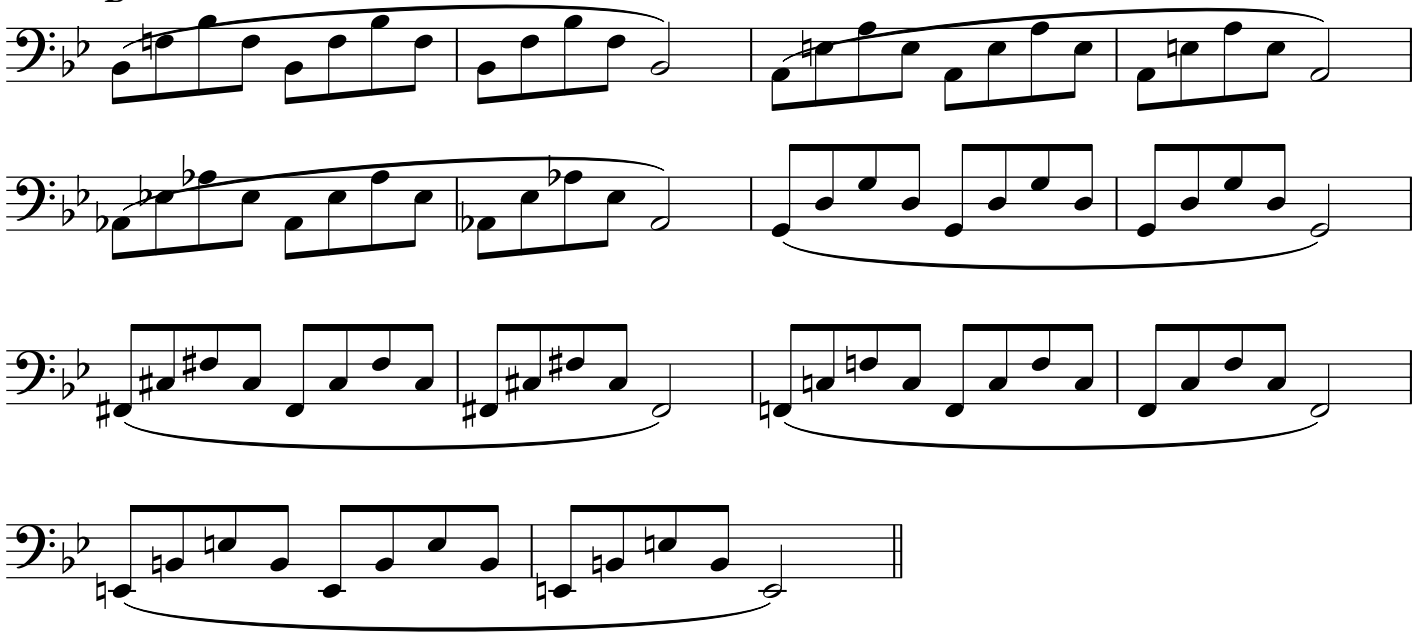


6: Flexibility

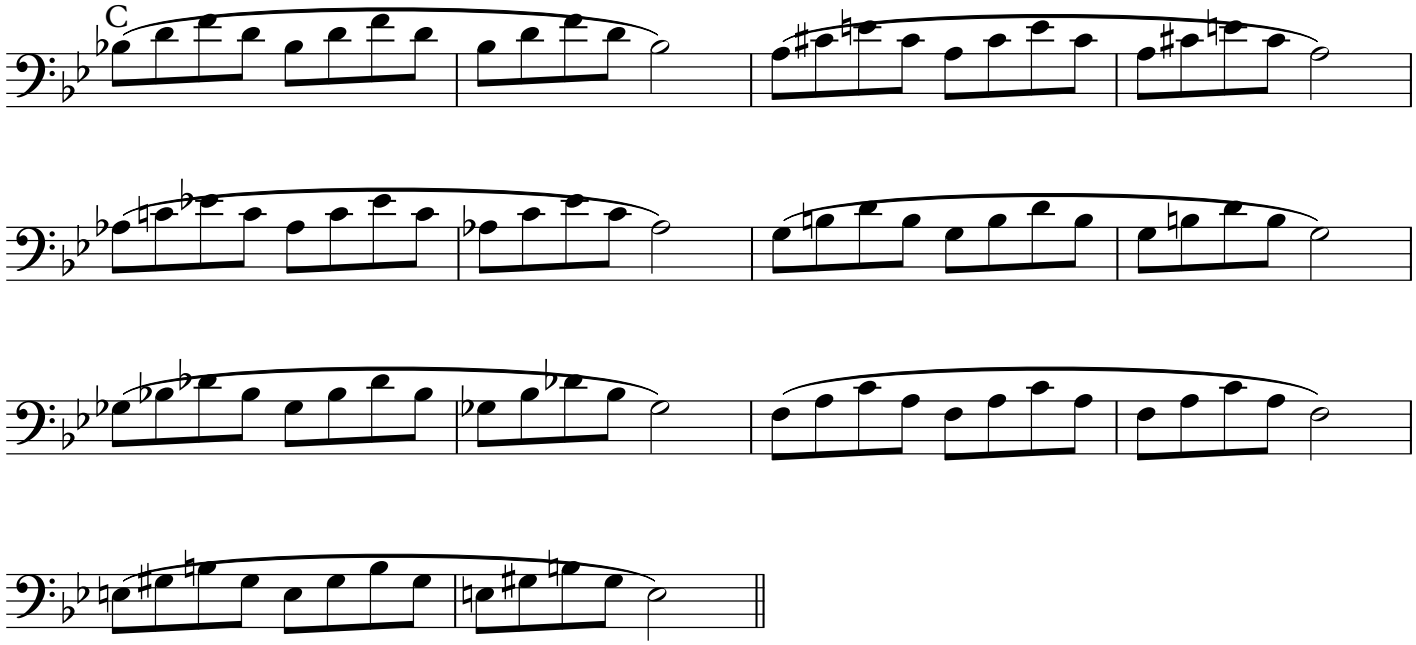
A



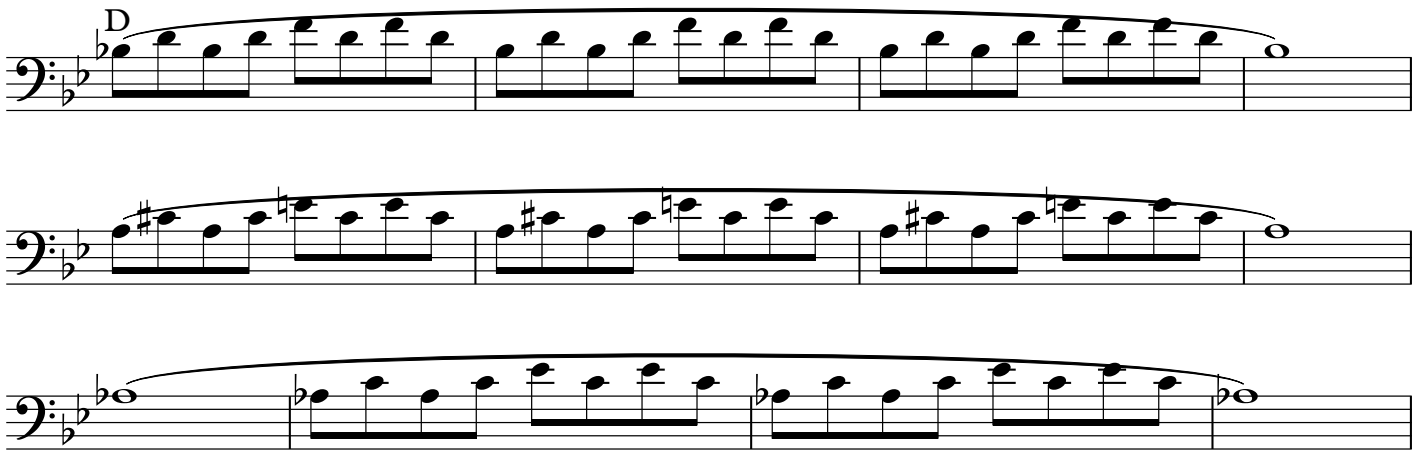
B

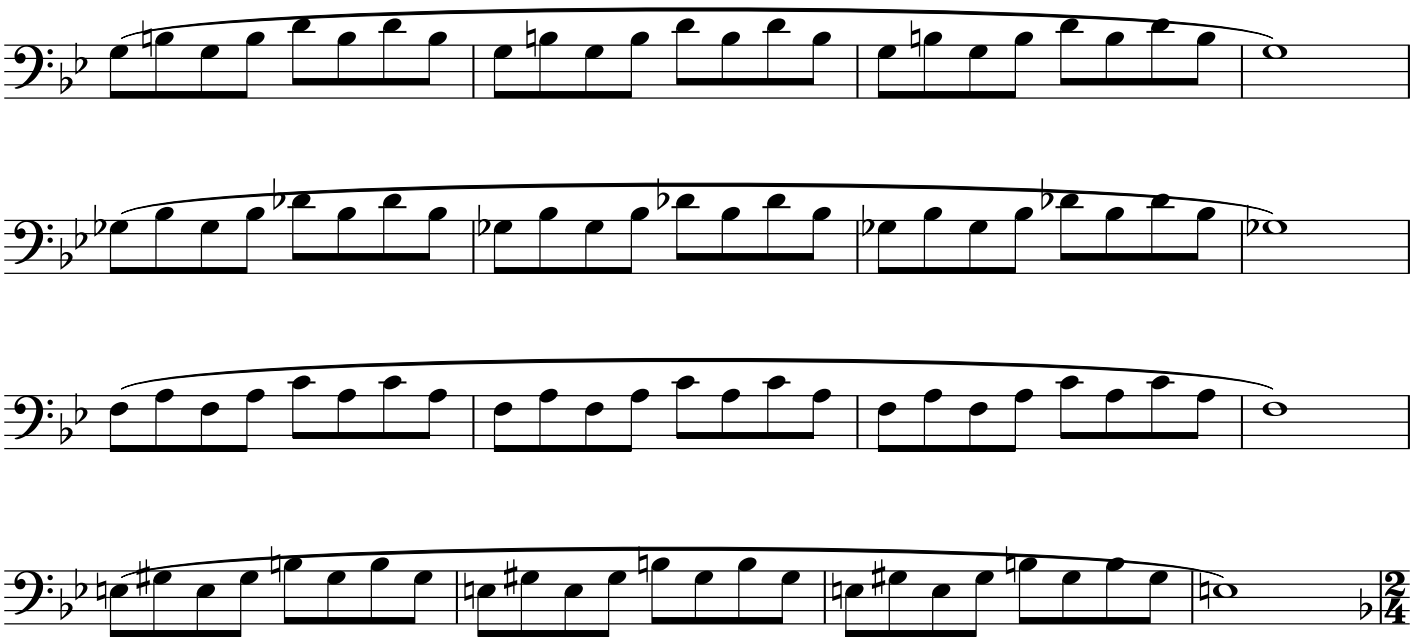


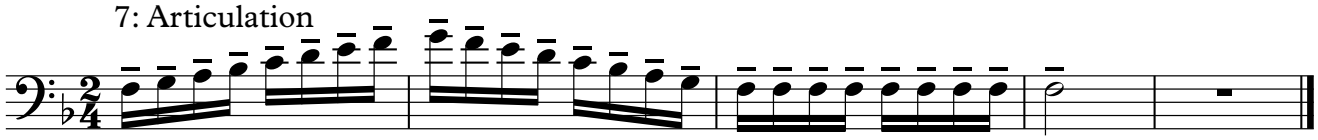
C



D





Following is an exercise in single tongue velocity. It needs to be approached as if you were training for a sprinting event, not an endurance event.
Directions: Start in a comfortable key (not always F) at a tempo which matches your maximum single tongue speed (100%). Repeat the exercise at 50% tempo, 100%, 60%, 100%, 70%, 100%, 80%, 100%, 90%, 100%, and 105%. Repeat the last two (100% and 105%) consecutively four times.
Vary the keys which you play this exercise from day to day.
When this begins to feel easy you may increase yours starting tempo by 5 beats per minute.

7: Articulation