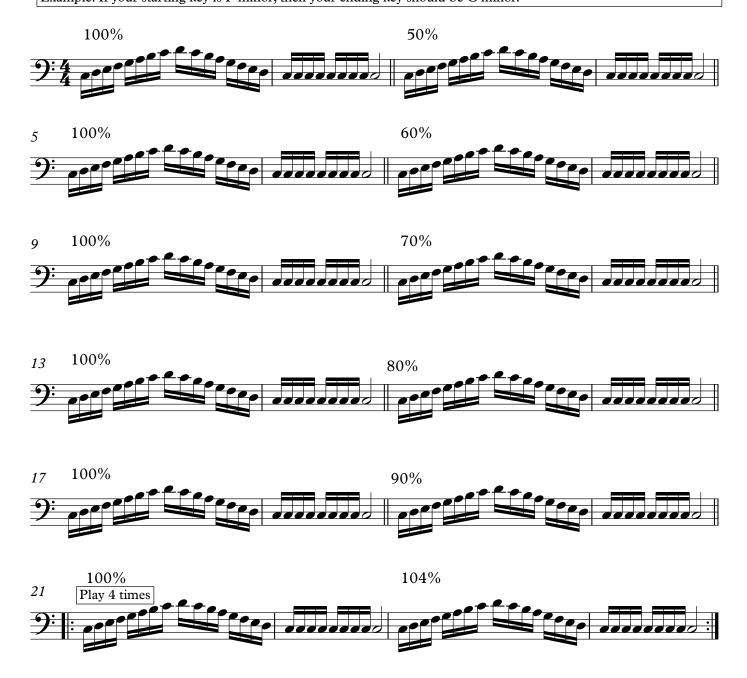
Single Tongue Enhancement

This is an exercise in single tongue velocity. It needs to be approached as if you were training for a sprinting event, not an endurance event.

Directions: Start in a comfortable key (not always C) at a tempo which matches your maximum single tongue speed. Vary the keys which you play this exercise from day to day. Play this exercise. Repeat a fourth lower.

When this begins to feel easy (after at least a week) you may increase yours starting tempo by 4 beats per minute. Example: If your starting key is F minor, then your ending key should be C minor.



Tips: Maintain a smooth, legato tongue. If you begin to feel tired, take a break and come back to the exercise. ALWAYS USE A METRONOME during this exercise.